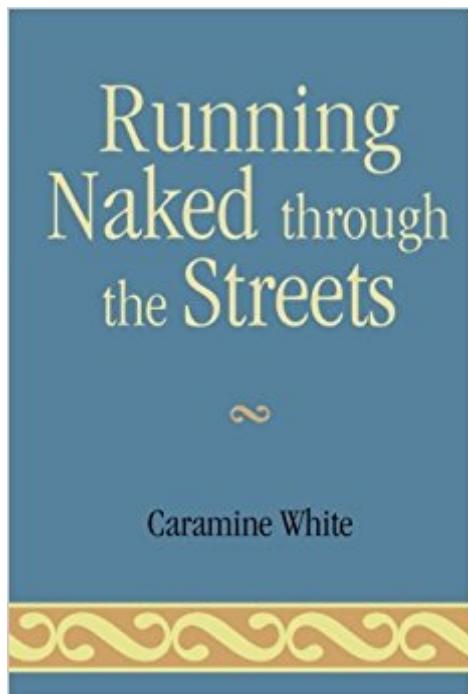


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# Running Naked Through The Streets



## **Synopsis**

Running Naked Through the Streets is an account of the year Dr. Caramine White lived in the former Communist country Slovakia, from August 2004 - May 2005. When Dr. White received a Fulbright Scholarship, she and an American literature professor from a Slovak university "exchanged" jobs. Dr. White lived in Banska Bystrica, a city of about 84,000 in central Slovakia. Although her students spoke English, very few of the townspeople did, and the living conditions were much different from those enjoyed in America. Running Naked Through the Streets, which refers to the utter helplessness and vulnerability she often felt, is neither an autobiography nor a travel book. Although Dr. White does include some interesting information for tourists, the crux of the book is how being so alone and dependent can encourage and even accelerate personal growth. It is told with a great deal of humor and honesty. Interwoven throughout the text are humorous essays recounting some of her bizarre adventures during the year, which range from belly dancing to marathon running, from inadvertently taking part in a Polish Confirmation ceremony to becoming the object of affection for a mentally challenged homeless man.

## **Book Information**

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## **Customer Reviews**

Caramine White, Ph.D., is an English professor and writer in Virginia's Tidewater area. In addition to being the author of *Reading Roddy Doyle*, (Syracuse UP, 2001), she has published extensively and on a wide variety of topics in newspapers and magazines. An avid long distance runner, she has completed ten marathons, one half Ironman, and numerous half-marathons. She is extremely active in the Catholic Church and is a passionate advocate for animal rights.

A touching -- indeed heart warming -- journey of a Fullbright scholar on her year as an exchange faculty member at a Univ in Slovakia. Cultural challenges, living conditions, friendships, and discoveries highlight her learning and adaptations. Adds stark reality to the concept of "living outside of one's comfort zone". A brave and courageous endeavor highlighting dedication and perseverance. Some thoughtful comparative reflections on contemporary american diversity, values and dynamics included. For me, a very engaging read.

Caramine White's "Running Naked Through the Streets" relates her fears and tears during her Fulbright Scholarship as an exchange teacher in Slovakia, where the only words she learned were beer, wine and how to find the bathroom. Her courage to regroup her remarkable self and afterwards connect it with the direction of America today makes her book a joy to read. Also, her feminine humor broke me up many times. Jack Mason

Running Naked through the Streets describes the year the author spent as a exchange teacher in Slovakia. Her account is at the same time funny (Think Erma Bombeck with more sex and irreverence.), honestly self-revealing(refreshingly so) and interested in broader questions of national identity and what constitutes living well. I highly recommend it if that description at all appeals to you. Virginia Williams

Brought back great memories and a voice I have not heard in ages. For the intrepid independent travelers, an honest and open account of time well-spent in Eastern Europe. Thanks for the laughs Carrie!

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